

Sportsmanship, gamesmanship and deviance

Ethics

Sportsmanship means playing within the rules and understanding and using sports etiquette

Example- Shaking hands, walking in cricket, putting the ball out when someone is injured



Gamesmanship means deliberately bending the rules to gain an advantage

Example- Diving in football and faking injury



Deviance- Deliberately breaking the rules

Example- PEDs, bribery, fighting



Homework 1: Be able to show excellent sportsmanship in a PE lesson

Homework 2: To be able to identify gamesmanship in a game of football

Homework 3: To be able to state the different PED

Homework 4: To be able to discuss why a performer would show violence in sport

PEDs and their advantages

Performance enhancing drug	Benefits	Sporting example
Anabolic Steroids	Rapid increase in strength Increase muscle recovery Allows performers to train harder	Weightlifter Boxer Sprinter
Beta Blockers	Controls heart rate Reduces adrenaline Relaxes performer	Golfer Darts Snooker
Stimulants	Increased alertness Reduced tiredness Increased endurance	Sprinter Football Boxing

Why performers take drugs?

- A desire to win at all costs
- They lack moral boundaries
- Influenced by others
- Under pressure to win

Violence in Sport

Controlled aggression is a fundamental part of many sports. Sometimes, however, this can spill over into an uncontrolled situation where serious physical injury can be caused.

Violence is 'behaviour involving physical force intended to hurt, damage or kill someone'.

