

Section A – Key vocabulary

KEY WORD	SYNONYM / DEFINITION
texting	sending a text message
bullying	harming, hurting and intimidating
cyber	online, virtual
safety	well-being, protection, security
Social Media	Facebook, Shapchat, WhatsApp, Instagram, Tik Tok, etc.
dangerous	not safe, risky
file	folder, documents
stranger	a person who you do not know
share	post or repost (something) on a social media website or application
reply	respond, answer
Personal information	full name, address, e-mail, telephone number

Good things you can do online	Things you mustn't do
buy things online	put your home address, school name or location
tell your friends about your activities	make fun of other people on the Internet
play games with people on the other side of the world	visit people you meet online

S **Stay Safe**
Don't give out your personal information to people / places you don't know.

M **Don't Meet Up**
Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.

A **Accepting Files**
Accepting emails, files, pictures or texts from people you don't know can cause problems.

R **Reliable?**
Check information before you believe it. Is the person or website telling the truth?

T **Tell Someone**
Tell an adult if someone or something makes you feel worried or uncomfortable.

Follow these SMART tips to keep yourself safe online!

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Section B – Internet Safety Rules

How to Stay Safe on Social Media

Think → Think before you post.

Friends → Only connect with friends.

Kind → Be kind to others.

Password → Don't share your password.

Privacy → Keep your settings private.

Hurt → Don't hurt other people.

- You can download files without your parent's permission. True / False
- You should create a strong password. True / False
- You must accept unknown people's friend request. True / False
- You can share your personal information with strangers. True / False
- You shouldn't believe all news on the Internet. True / False
- You should avoid using dangerous websites. True / False
- You shouldn't be careful what you share on the Internet. True / False