

# Yr 9 Mastery and early theoretical concepts PE Curriculum Journey Map

## Final Year 9 Theory Exam

Mixture of questions from P1 & P2.

Including extended writing.

At GCSE we focus on sports that we can have the most value added. In Year 9 we begin to develop these core and more advanced skills in those sports to prepare our learners for the next stage of learning and being able to independently choose which sports they would like to continue in later life,

### TERM 3

#### SOFTBALL

You'll begin to develop more advanced skills for example pitching and how to bat with more power and accuracy. You'll be able to use softball equipment for example the glove in order to develop fielding skills.

#### FOOTBALL

You will build on the foundation skills learned in year 7 and 8. Developing the consistency and quality of their use. You will apply these skills in more advanced conditioned games and practices.

#### TABLE TENNIS

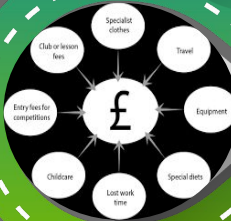
You will learn basic forehand / backhand shots before embedding these shots with defensive & attacking tactics to help develop footwork and game strategy. You'll also begin to develop different types of spin.

### TERM 1

#### NETBALL

You will learn key skills in practices and apply in games you learn the positions and the rules associated and show an understanding of footwork and offside.

#### END of Year PE TRIP



#### Mid Year PE TRIP



#### SPORTS DAY



#### Classroom Theory unit Focus on the Cardiorespiratory System SPRING TEST



#### Black History Month



#### CRICKET

You will develop your understanding of the game, learning how it is scored and what the terminology such as LBW means. You'll develop your bowling, fielding and batting skills.

#### BADMINTON

In this unit you develop the skills needed to hold a rally including the serve and clears developing into shot rallies using more complex shots such as drop shots and the smash) progressing to full court games and competition in singles and doubles.

### TERM 2

#### VOLLEYBALL.

You will be able to apply skills to practices and games with consistency developing an understanding of tactics and strategy in Handball. For example the use of the double block

#### HANDBALL

You will be able to apply core skills to practices and games with consistency developing an understanding of tactics and strategy in Handball.

#### TRAMPOLINING

In this unit you will recap the Fundamental skills needed in trampolining and learn new advanced Trampolining skills. You will begin to improve the quality of them, applying them to routines that increase in complexity.

#### Theoretical concepts in sport, Tactics and Strategy and Homework

All of our year 9 students will be introduced to articles about sport to extend their ability to read longer texts about sport. The aim is to increase their knowledge and understanding of cultural, diversity and theoretical concepts in sport.

This will be delivered through a Theory unit taught in the classroom culminating in a test at the start of Spring 2. This unit focuses on the Cardiorespiratory unit, increasing their understanding of the body, its application to sport and allowing learners to get an in depth view of what GCSE PE is like.

Learners are also encouraged to read articles around the sport to increase their understanding of rules, regulations, strategy and tactics in sport.

This is tested and measured using online quizzes, SENeca reports and higher order questioning in class.

